

THE GLOBAL BREATH INSTITUTE PRESENTS AN EXPERIENCE OF

# Renewal & Awakening

A Weekend Intensive in Transformational Breathing  
with Dave and Pat Krajovic

# INSPIRE YOUR DESTINY

## The Power of Creating with Your Breath

Apply one simple concept: change your breath, change your life. This unique workshop uses facilitated Transformational Breath sessions to clear the subconscious, weaving breathwork into concepts of quantum physics, clearing clutter, ancient wisdom teachings, conscious decision-making and much more. By the end of the weekend, you will have clarity about what you want, how to manifest it and the tools to continue with the gift of Transformational Breathing.

Which path will you choose—the path of stress, pain, suffering and difficulty or the path of joy, passion, abundance and ease?

This *Renewal & Awakening* intensive is packed with instruction and personal practice that will clear away the limitations of negative thought patterns. Renew your life with energy and insight.

You will experience:

- four full-length facilitated breath sessions
- guided breath sessions
- meditations and inquiries

Empower yourself now to create the life you want. Register early for the best workshop discount.



Transformational  
Breath Foundation™



www.GlobalBreathInstitute.com

**WHEN:** Sat/Sun; July 18/19  
9:00 AM – 5:00 PM

**WHERE:** Ananda Center  
6509 Roosevelt Way NE  
Seattle, WA 98115

**COST:** \$397.00

**PRE-REGISTER BY JUNE 30 TO SAVE 20%, BY JULY 15 TO SAVE 7%.  
BRING A FRIEND AND YOU EACH SAVE AN ADDITIONAL \$27!**

**Breathe! Live! Transform! Call today: 734-416-5200**